

ACTIVE MILLENNIALS

DURATION
7 days

HOTELS
4-5 star



An itinerary for young travellers (with an average age of 33) on the lookout for a fun-filled trip lined up with exciting activities. During their stay, they can try watersports, extreme desert sports and go on long walks to explore the hidden gems.

They also can experience wellness activities, such as yoga and pilates, in addition to new activities and experiences that they may not have been exposed to before.

They will feel like they have challenged or “stretched” themselves wonderfully on this holiday.



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DAY 1 | WANDER BY FOOT



SOUQ WAQIF

1 | Souq Waqif for a taste of Qatar's traditional markets

Start the tour by strolling through the vibrant Souq Waqif for a taste of Qatar's traditional markets. Built on the site of an ancient market, Souq Waqif is where travellers can hold a falcon in their hand or feel the Midas in the shimmering alleys of the gold souq.

[Find out more...](#)



SOUQ EATERIES

2 | Try the local cuisine at the various Souq eateries

For lunch, try the local cuisines in one of a myriad of souq eateries with indoor/outdoor dining options; Shay al Shamoos and Al Jasra Traditional Food are a few compelling restaurants at the Souq Waqif that are known to serve the best local dishes.

[Find out more...](#)

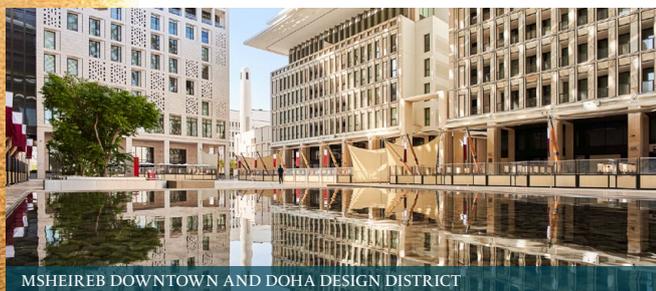


MUSEUM OF ISLAMIC ART (MIA)

3 | Explore the Museum of Islamic Art (MIA) and MIA Park

Head to the famous Museum of Islamic Art (MIA), an architectural wonder, an architectural wonder designed by Pritzker prize-winning architect I.M. Pei, encompassing 14 centuries of Islamic art and artefacts. The museum comprises four floors of permanent and temporary exhibitions, a gift shop, a café and the haute cuisine restaurant IDAM by renowned chef Alain Ducasse, on the fifth floor. Afterwards, relax and enjoy the surrounding MIA Park and cafes.

[Find out more...](#)



MSHEIREB DOWNTOWN AND DOHA DESIGN DISTRICT

4 | Msheireb Downtown and Doha Design District

Continue your journey to the vibrant neighbourhood of Msheireb Downtown that revives Doha's old commercial district and introduces a new architectural language. The Msheireb Museums by the Msheireb Properties make a compelling attraction to celebrate the history of Qatar through the heritage houses, entertainment venues and much more. Next, visit the Doha Design District, an initiative set to be Qatar's newest hub for creativity and innovation, as part of the country's national vision for 2030.

[Find out more...](#)



MSHEIREB'S FINEST RESTAURANTS

5 | Dine in Msheireb's finest restaurants

Experience fine dining at one of many high-end restaurants in Msheireb. Relish exquisite dishes from renowned chefs who've mastered both local and international cuisines.



DOHA'S FAMOUS NIGHT CLUBS

6 | Check out one of Doha's famous night clubs

The nightclubs in Doha offer a vibrant and diverse nightlife scene. Pick a lounge, bar or nightclub of your choice and head out for the night.

[Find out more...](#)

DAY 2 | DESERT ADVENTURES



INLAND SEA/KHOR AL ADAID

1 | Full-day trip to the Inland Sea/Khor Al Adaid

Drive down to the “Inland Sea” or Khor Al Adaid, a UNESCO Heritage site, and is one of the few places in the world where the sea encroaches into the desert. For a truly authentic desert experience, nothing beats a camel ride over the soft dunes, before embarking on an exhilarating, desert safari accessible only by 4x4 vehicles.

You can also enjoy the thrills of sandboarding, desert cycling, quad biking and more. Lastly, enjoy a traditional meal in the Bedouin camp for a complete desert experience.

[Find out more...](#)

2 | Dine at the resort or at one of Qatar’s unique eateries

Return to your hotel for a sumptuous dinner or step out to one of Qatar’s unique eateries - from upscale Michelin-starred restaurants to trendy food trucks.

[Find out more...](#)



UNIQUE EATERIES

3 | Visit one of Doha’s famous night clubs

If you’ve still got the energy, head to one of Doha’s famous clubs. The nightlife in Doha centres around the best hotels in the city, each of which can offer a different clubbing experience.



DOHA'S FAMOUS NIGHT CLUBS

DAY 3 | DOHA ON WHEELS



1 | Ride your bike from West Bay to Lusail

Hop on a public bicycle or electric scooter and travel from West Bay to Lusail. Stop at popular attractions like the 5/6 Park, the Katara Cultural Village and the Lusail Marina District and enjoy the picturesque views the city has to offer.

2 | Continue to the Pearl's Qanat Quartier

Continue cycling or hitch a ride to the Pearl's Qanat Quartier, a picturesque community that brings together the Venetian charm and the Arabian chic.

Try a yoga class at the Niya Yoga, or a stand-up paddle (sup) at the Blue Peal.

3 | Explore the Pearl further - Porto Arabia

Exolore the Pearl further and visit Porto Arabia - the modern Mediterranean district with a plethora of great indoor and outdoor retail shopping options.

You can also enjoy leisurely seaside strolls at Medina Centrale and indulge in some luxury and local boutiques and a wide variety of eateries.

[Find out more...](#)



DAY 4 | DISCOVER QATAR'S MARINE LIFE



WHALE SHARK EXCURSION

1 | Whale shark excursion (Seasonal)

Start your day with an excursion to see the whale sharks of Qatar. Each year hundreds of whale sharks congregate in the Al Shaheen region off the northeast coast of Qatar. On this voyage, you will be among the first to see them in Qatari waters. While these magnificent creatures are the biggest fish in the ocean, they are also the most gentle and majestic creatures you will find underwater.

[Find out more...](#)



KITESURFING

ALTERNATIVELY

Take kitesurfing lessons

Kitesurfing or kiteboarding is a popular watersport in Qatar; many local tour operators and 5-star hotels with private beaches offer the experience. You can choose the location of your choice from Fuwairat, Zekreet, Simaisma and Wakra.

[Find out more...](#)



TRADITIONAL FISHING

Traditional fishing or pearl diving trip

Head to the famous museum of Islamic Art, an architectural wonder, encompassing 14 centuries of Islamic art and artefacts. The museum comprises of exhibitions, a gift shop, a cafe and the haute cuisine restaurant IDAM by renowned chef Alain Ducasse. Afterwards, wander, relax and enjoy the surrounding MIA Park.



AL THAKIRA MANGROVES

2 | Kayaking trip at Al Thakira Mangroves

Travel to Al Thakira mangroves near the coastal city of Al Khor, offering incredible opportunities for kayaking and bird watching. Unspoilt sandy beaches dot the peninsula nation and offer a haven for everyone, from sun worshippers and skydivers to dune-bashers looking to relax after a hard day's adventure in Qatar's vast desert.

[Find out more...](#)



UNIQUE EATERIES

3 | Dine at the resort or at one of Qatar's unique eateries

Return to your hotel for a sumptuous dinner or step out to one of Qatar's other many unique eateries - from upscale restaurants to trendy food truck parks.

[Find out more...](#)

DAY 5 | WHERE NATURE MEETS ART



1 | Half- or full-day trip exploring the Zekreet area

Begin the day with a half or a full-day tour of the Zekreet area: a village in north-western Qatar near Dukhan and about 80 km north-west west of Doha. It is home to Richard Serra's East-West/West-East installation. Comprising of four steel plates, each of which is over 14m in height, the installation spans over 1km. It stands in stark contrast to the soft brown hues of the desert surrounding it and offers a comment on isolation and the passage of time. Other highlights of your trip include visiting the Film City and the Arabian oryx sanctuary, the breeding farm of Qatar's national animal.

[Find out more...](#)



2 | Explore the Fire Station arts hub

The Fire Station Gallery, built in 1982, had the last fire engine removed in December 2012 and then became a part of the Qatar Museums network. Converted into a contemporary arts hub, the galleries showcase international and local art and artists, engages the local community, and nurture emerging talent through its artist in residence program.

[Find out more...](#)



3 | Wander through Al Bidda Park

From the Fire Station, take a walk along the lush Al Bidda Park that consists of three distinct spaces, each of which offers unique panoramic views. The park showcases birds, native trees, including the iconic Sidra tree, and glimpses of Qatar's art, heritage, and architecture. It also houses a wide variety of sports and recreational facilities for all to enjoy.

4 | Walk along the Corniche, and dine in a dhow boat

Conclude the tour aboard a traditional wooden dhow boat, where, along with the serene corniche views, you will be treated with a dinner buffet to satiate your cravings after a long day of sightseeing. Enjoy a stroll along the Corniche as you take in the sights and sounds of the city.



5 | Explore Doha's famous restaurants and night clubs

Doha's nightlife scene has a lot to offer, from dining options and music venues to nightclubs at luxury 5-star hotels. Pick a night out venue of your choice and experience the vibrance of the club scene.

[Find out more...](#)



DAY 6 | WATER ACTIVITIES



1 | Desert Falls Adventure and Water Park at Salwa Beach Resort

Go on a full-day trip to the Salwa Beach Resort to experience adventure at the Desert Falls Water and Adventure Park in the heart of the resort. With over 25 rides, slides and attractions such as the Whizzard Mat Racer, King Cobra, and Ship Kids Pool, this park is the ultimate fun destination.

[Find out more...](#)

2 | Dine at the Salwa Beach Resort or back at your resort

After a fun-filled and adventurous day enjoy an appetizing feast at the Salwa Beach hotel or a resort of your choice.



DAY 7 | EXPERIENCE QATAR BY AIR



HOT AIR BALLOON TRIP

1 | Early morning hot air balloon trip

Start your day with a hot air balloon ride to witness the beautiful landscapes of Doha during sunrise. Experience the exciting sky adventure while enjoying a 360-degree panoramic and picturesque view of the city.

[Find out more...](#)

ALTERNATIVELY

Experience skydiving

Get ready to jump from the skies and feel the adrenaline. Skydiving is one of the most exquisite experiences one can have in Qatar. With world-class instructors and facilities, an experience of a lifetime is guaranteed.



SKYDIVING

2 | Enjoy watersports, swimming and spa amenities

Return to your hotel and spend the rest of the day relaxing by the pool or indulge in a spa session before you end your holiday.

[Find out more...](#)



SPA SESSION

RECOMMENDED STAY OPTIONS



Grand Hyatt Doha Hotel & Villas

Return to your hotel and spend the rest of the day relaxing by the pool or indulge in a spa session before you end your holiday.

[Find out more...](#)



Marsa Malaz Kempinski, The Pearl

A luxury beach resort with award-winning spa by Clarins, a private beach, outdoor pools, tennis court, state-of-the-art fitness center, kids' and adults' activities, including water sports and a kids' club.

[Find out more...](#)



Intercontinental Doha

Located in West Bay Lagoon, with the longest stretch of beach in the city. Home to a standalone luxury spa, multiple upscale as well as casual restaurants.

[Find out more...](#)



St. Regis Doha

Luxurious beach property in Doha featuring olympic-sized swimming pool, private beach cabanas, and a multitude of water sports. Home of world-class Remède Spa.

[Find out more...](#)



W Hotel Doha

The city's first lifestyle hotel, W Doha brings all the energy of New York City to vibrant Doha. Located in the heart of Doha's West Bay, each hotel room is filled with iconic design, tech-savvy amenities and a stylish ambience. City hotel (no beach access).

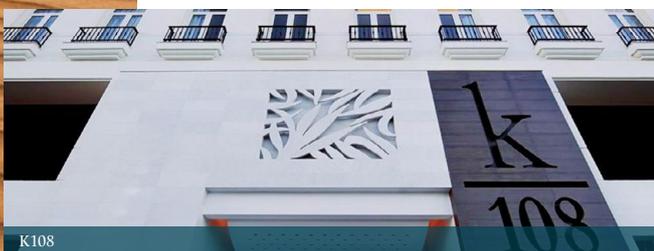
[Find out more...](#)



Mondrian Doha

Marcel Wanders crafted this hotel's striking guest rooms and suites to evoke the look and feel of a modern design narrative of the Arabian Nights tale. The landmark destination celebrates the best of the old and new worlds with whimsy and style. Home of ESPA Spa with a heated experience garden and a traditional Turkish Hammam. Waterfront property, with indoor rooftop pool and fitness centre. (No beach access).

[Find out more...](#)



K108

Not-for-profit, charitable organization that donates 100% of all profit. Alcohol-free and smoke-free property. 108 rooms and suites in close proximity to Souq Waqif & Msheireb Downtown.

[Find out more...](#)