

# SPORTY FAMILIES

DURATION  
7 days

HOTELS  
5 star

قطر  
QATAR  
Tourism السياحة



An itinerary designed for families (adult average age 37) who want an action-filled holiday where they can enjoy activities together. During their stay, they can go scuba diving or snorkelling, try other water sports and visit theme parks.

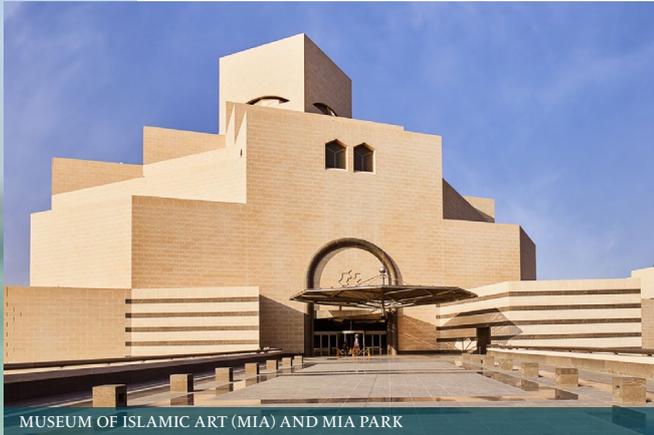
They can explore the country together actively, as well as have some quiet, relaxing time at the beach to rest and reconnect.



SCAN *OR* CLICK FOR OUR 'VISIT QATAR' APP

Discover our unique destination with the free Visit Qatar app! Be our guest as our guides captivate you with 360° experiences, collect your favourites with a simple swipe and personalise your visit for you.

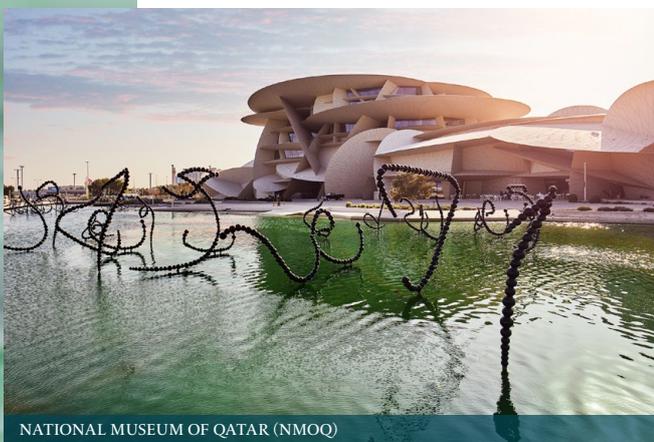
# DAY 1 | WANDER BY FOOT



## 1 | Wander through iconic Museum of Islamic Art (MIA) and MIA Park

Begin your tour at the famous Museum of Islamic Art, an architectural wonder designed by Pritzker prize-winning architect I.M. Pei, covering 14 centuries of Islamic art and artefacts. The museum comprises four floors of permanent and temporary exhibitions, a gift shop, a café and the haute cuisine restaurant IDAM by renowned chef Alain Ducasse, on the fifth floor. Afterwards, relax and enjoy the surrounding MIA Park where you can stroll, enjoy public art, gardens and cafés and take in the Doha skyline from the best vantage point in the city.

[Find out more...](#)



## 2 | Experience the National Museum of Qatar (NMoQ)

Be awed by the desert-rose inspired National Museum of Qatar, where interactive displays bring the country's past to life. Built around Sheikh Abdullah bin Jassim Al-Thani's original palace, the National Museum of Qatar charts the country's history and progress through the centuries. While on-site, enjoy rotating activations of the museum courtyards, fabulous cafés, and unique shops.

[Find out more...](#)



## 3 | Stroll through vibrant Souq Waqif & the Gold Souq

Built on the site of Doha's century-old trading market, Souq Waqif's winding alleys with merchants selling traditional garments, spice and handicrafts remain an important part of daily life in Qatar. The newly renovated souq now also offers a myriad of restaurants, coffee shops and lounges. Souq Waqif is also home to the Falcon Souq, where you can see the majestic birds up close and pose with a falcon perched on your arm. Continue the tour to the Gold Souq across the street where all that glitter is, in fact, gold. Shoppers can find a rich variety of jewellery, both traditional and contemporary pieces, at competitive prices.

[Find out more...](#)



## 4 | Try the local cuisine in one of a myriad of souq eateries

Relish a sumptuous meal at one of the many unique and traditional eateries in Souq Waqif, with both indoor and outdoor dining options.

## DAY 2 | DESERT ADVENTURE



INLAND SEA/KHOR AL UDAID

### 1 | Full-day trip to the Inland Sea/Khor Al Udaid

Start your day with a visit to the impressive 'Inland Sea' or Khor Al Adaid, a UNESCO Heritage Site and one of the few places in the world where the sea encroaches into the desert.

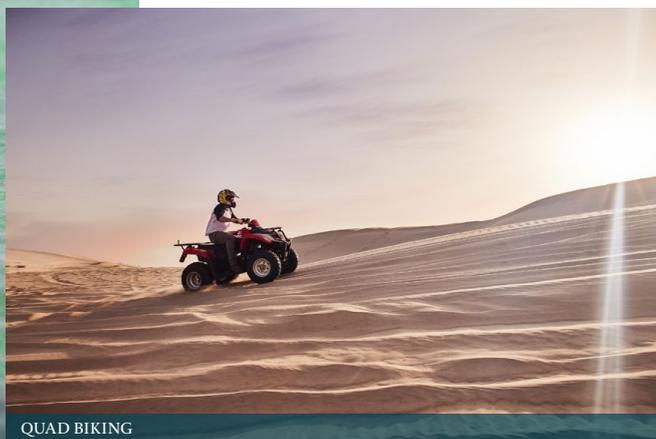
For a truly authentic desert experience, nothing beats a camel ride over the soft dunes before embarking on an exhilarating desert safari over the dunes to Khor Al Adaid, accessible only by 4x4 vehicles. Sandboard along the dunes, or hit the dunes on a quad bike, ATV or dune buggy.

Prefer a bird's eye view? Paragliding, kitesurfing and more are readily available. Before you head back, enjoy a traditional meal in a Bedouin camp for a complete desert experience.

[Find out more...](#)



CAMEL RIDE OVER THE SOFT SAND DUNES



QUAD BIKING



TRADITIONAL MEAL IN A BEDOUIN CAMP

## DAY 3 | GOLF IN THE GULF



### 1 | Visit Education City Golf Club and Centre for Excellence

Start the day at the Education City Golf Club and Centre for Excellence, where there is something for everyone in the family – 18-hole and 6-hole championship courses, a 9-hole par 3 course, a digitized driving range, and the most advanced facilities in the world to learn golf. With exceptional design and focusing on high educational standards, exceptional playing surfaces and hospitality facilities, Education City Golf Club offers a memorable experience for all.

[Find out more...](#)

---

### OPTIONAL TOUR

#### Tour Al Shaqab

As an add on to your day, head to Al Shaqab equestrian center where you will learn all about Arabian horses and the vital role they play in Qatar's history and tradition. You can arrange a family guided tour, where you can watch the animals exercise, swim, train, and get groomed.

[Find out more...](#)



---

### 2 | Relax back at the resort

Head back to your resort where the family can unwind and play at the hotel pool and beach.



### 3 | Evening walk along the Corniche and dhow boat (dinner) cruise (for city resorts)

End your day with a gentle jog or a long stroll along the Corniche against the backdrop of Doha's stunning skyline. From the Corniche, take a trip on a traditional wooden dhow boat to feel the authentic vibe of Qatar. You may also pre-arrange to have dinner on the dhow, and enjoy a traditional meal on Doha's waters.



# DAY 4 | QATAR'S MARINE LIFE



WHALE SHARK EXCURSION

## 1 | Whale shark excursion (seasonal)

Start your day with an excursion to see the whale sharks of Qatar. Each year, hundreds of whale sharks congregate in the Al Shaheen region off the northeast coast of Qatar. On this voyage, you will be among the first to see them in Qatari waters. While these magnificent creatures are the biggest fish in the ocean, they are also the most gentle and majestic creatures you will find underwater.

[Find out more...](#)



KITESURFING LESSONS

## ALTERNATIVELY

### Kitesurfing lessons

Kitesurfing or kiteboarding is a popular watersport in Qatar; many local tour operators and 5-star hotels with private beaches offer the experience. You can choose the location of your choice from Fuwairat, Zekreet, Simaisma and Wakra beaches.

### Traditional fishing or pearl diving trip

Gear up to experience Qatar's oldest profession, pearl diving, or spend your day on an exciting traditional fishing trip.

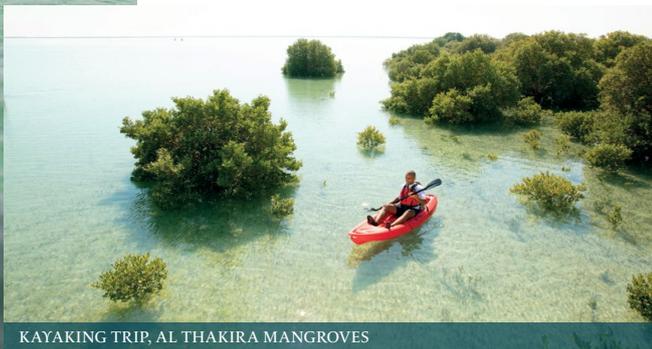


TRADITIONAL FISHING

## 2 | Kayaking trip at Al Thakira Mangroves

Take a ride to the Al Thakira mangroves near the coastal city of Al Khor, offering incredible opportunities for kayaking and bird watching in pristine waters. The unspoilt sandy beaches dot the peninsula in this region and offer a haven for everyone in the family.

[Find out more...](#)



KAYAKING TRIP, AL THAKIRA MANGROVES

## 3 | Dine at the resort or at one of Qatar's unique eateries

Return to your hotel for a sumptuous dinner or head out to dine at one of Qatar's many unique eateries - from upscale restaurants to trendy food truck parks.

[Find out more...](#)



UNIQUE EATERIES

## DAY 5 | NATURE MEETS ART



ZEKREET AREA

### 1 | Half or full-day trip exploring Zekreet area

Venture out on a tour of the Zekreet area, a village in north-western Qatar near Dukhan and about 80 km north-west of Doha. Nestled between limestone rock formations outside Zekreet and Ras Abrouq Nature Reserve, you will find Richard Serra's East-West/West-East installation, comprising four steel plates, each of which is over 14 m in height, and spanning over 1 km. It stands in stark contrast to the soft brown hues of the desert surrounding it and offers a comment on isolation and the passage of time.

Other highlights of the tour includes rock climbing, exploring Film City and visiting an Arabian oryx sanctuary, a breeding farm for Qatar's national animal.

[Find out more...](#)



KITESURFING

### OPTIONAL

### 2 | Kitesurfing in Zekreet

While in Zekreet, organize a kitesurfing adventure for the whole family. Zekreet Kite Beach features a huge lagoon with shallow waters and a closed bay, providing the optimal conditions to learn and improve your kitesurfing skills.



WATERSPORTS

### 3 | Watersports, swimming and spa

Return to your hotel and enjoy the rest of the day partaking in watersports activities offered at your resort, swimming in the pool or at the beach, or simply relaxing at the spa!

### 4 | Dine at the resort or at one of Doha's unique restaurants

Enjoy dinner in the comfort of your hotel or step out to choose from a plethora of dining options across the city, from upscale eateries to trendy food truck parks.

[Find out more...](#)



DOHA'S UNIQUE RESTAURANTS

## DAY 6 | WATER PLAY



DESERT FALLS ADVENTURE AND WATER PARK AT SALWA BEACH RESORT

### 1 | Desert Falls Adventure and Water Park at Salwa Beach Resort

Desert Falls features 18 attractions with 56 rides and slides. Enjoy the water park, go cart circuit, family canyoning, and laser tag. The park and resort also hosts a beautiful beach for rest, relaxation and play in between the adrenaline adventures!

[Find out more...](#)

### 2 | Dine at Salwa Beach Resort or back at your resort

After a fun-filled and adventurous day, enjoy a delicious feast at Salwa Beach resort or back at your resort.



DINE AT SALWA BEACH RESORT

## DAY 7 | DOHA BY AIR AND BY BIKE



### 1 | Take a morning hot air balloon trip

Start your day with a hot air balloon ride to witness the beautiful landscapes of Doha during sunrise. Experience the exciting sky adventure while enjoying a 360-degree panoramic and picturesque view of the city.

[Find out more...](#)

---

### ALTERNATIVELY

### Experience skydiving

Skydiving is one of the most exhilarating experiences one can have in Qatar. With world-class instructors and facilities, an adventure and experience of a lifetime are promised.



---

### 2 | Bike from West Bay to Lusail

Hop on one of the many public bicycles or electric scooters found throughout the city and travel the bike path from West Bay to Lusail. Stop along the way at popular spots, including 5/6 Park, Katara Cultural Village and Lusail Marina District and enjoy the picturesque views the city has to offer.



### 3 | Enjoy watersports, swimming and spa amenities at the hotel resort

Return to your hotel, relax by the pool and enjoy some water activities, or a rejuvenating spa session as a perfect end to your holiday.



# RECOMMENDED STAY OPTIONS



## Marsa Malaz Kempinski, The Pearl

The Marsa Malaz Kempinski is a luxury Beach Resort with award-winning Spa by Clarins, a private beach, outdoor pools, tennis court, state-of-the-art fitness center, activities line-ups for kids and adults, including water sports and a kids club.

[Find out more...](#)



## Hilton Salwa Beach Resort

Destination resort located on the sunny southwest coast of Qatar. 3.5km of private beach, luxury spa, marina, water and adventure park.

[Find out more...](#)



## Sharq Village & Spa, A Ritz Carlton Hotel

This luxury beach resort is modelled after a traditional Qatari village and is in close proximity to Hamad International Airport (HIA) with views of Doha city skyline. The property offers hotel rooms and suites, as well as private villas. A truly unique Middle Eastern luxury spa experience is guaranteed.

[Find out more...](#)



## Banana Island Resort Doha by Anantara

Destination island resort located just off the coast of downtown Doha, accessible by private catamaran. Hotel rooms and suites; beach and over-water villas. Surf pool and dive center. \*Alcohol-free property.

[Find out more...](#)



## Grand Hyatt Doha Hotel and Villas

Luxury beach resort with 400m private beach and outdoor swimming pools. Extensive fitness center with indoor pool. Home to Jaula Spa.

[Find out more...](#)



## Sheraton Grand Doha Resort & Convention Hotel

Landmark hotel resort in the heart of Doha's West Bay. Extensive gardens, beach front, and pool and offering family activities; water sports. Adjacent to Hotel Park and Doha's famous Corniche.

[Find out more...](#)



## Ritz Carlton Doha

Set on an island in West Bay Lagoon. Extensive indoor and outdoor swimming pools and marina. Water front, but no beach access.

[Find out more...](#)



## Intercontinental Doha

Located in West Bay Lagoon, with the longest stretch of beach in the city. Home to a standalone luxury spa, multiple upscale as well as casual restaurants.

[Find out more...](#)